

Getting help early can stop problems from getting worse

It might be only a small problem, like a broken washing machine or feeling isolated, but if it's difficult to find a solution straightaway a small problem can grow and lead to more worries.

Most people have times when they need a bit of extra help or support. The Help Hub is a partnership between organisations that support people in South Norfolk, offering practical support, advice and guidance to get you back on track.

What do you need?

- To live in a neighbourhood that is safe and clean, where you can talk to your neighbours and be part of the community
- For your children to go to school happy and to have help if they struggle
- For your relationships to make you feel connected, free from fear or addiction. We support #IWalkedAway
- To have skills that employers need, feel confident at work and know how to find a new job
- To have a home that is warm, safe and right for you
- To be free from money worries and know how to get, and stay, debt free.



With a little help from the Help Hub...

I am a happier and more confident parent

We feel like we are moving forward with our son's educational needs

I feel like I am listened to and getting answers

A weight lifted off my shoulders. We feel we are getting the help we need

We now have a plan about how to manage our money

I have learnt how to cook healthy, affordable and tasty food for my family

I feel safe and secure where I live

With support I left an unhealthy relationship #IWalkedAway

Making your next step easier

You can find out
more by...

Asking someone who is supporting you
already or contacting us:



www.south-norfolk.gov.uk/help-hub



facebook.com/SouthNorfolkHelpHub



earlyhelpsouth@s-norfolk.gov.uk



Text ADVICE followed by your message
to 87007



Phone 01508 533933

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We all need help sometimes